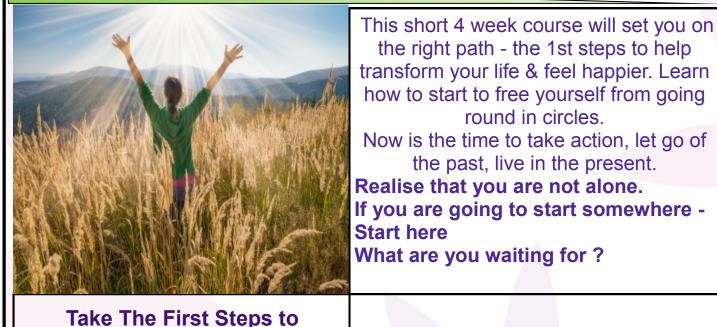
## The Planner

The course that gets you started on the journey to being happy - being YOU





Take The First Steps to Confidence Start to accept who you are and say - ' *I Like being me* ' AND MEAN IT!

**NEW COURSE STARTING** 

29th JUNE 2017 1-3pm for 4 weeks

To register and book a place on this course please contact:

JOANNE ELLIOT

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