



## Safeguarding Newsletter - July 2019

### Edition 11

### Water Safety

During the school holidays and particularly in hot weather, increasing numbers of people put themselves at risk of drowning. To keep ourselves safe when we are in, on or beside water, we should always follow the Water Safety Code.

#### The Water Safety Code

##### Spot the dangers!

Water may look safe, but it can be dangerous. Learn to spot and keep away from dangers. You may swim well in a warm pool but that does not mean that you will be able to swim in cold water. The dangers of water include:

- Very cold Temperatures
- Hidden Current's
- Deep water
- No lifeguard
- Hidden rubbish in the water
- Steep slimy banks make it difficult to get out
- Water pollution

##### Take Safety Advice!

Special flags and notices may warn you of danger. Know what the signs mean and do what they tell you.

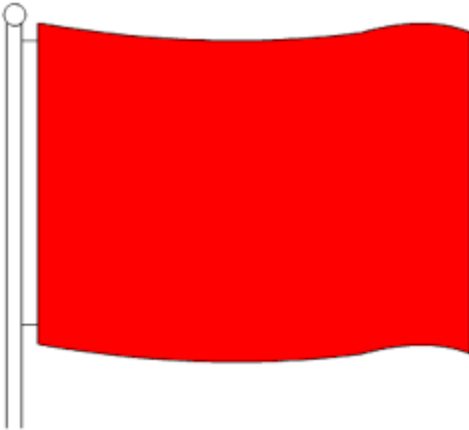
##### Go together!

Children should always go with an adult, not by themselves. An adult can point out dangers or help if someone gets into trouble.

## Learn how to help!

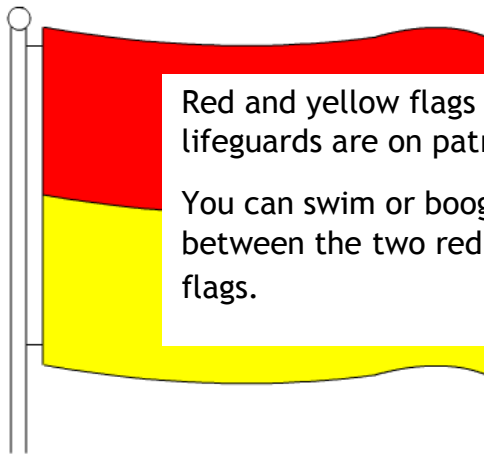
If you see someone in trouble tell a lifeguard if there is one nearby or ring 999. Ask for the Police at inland water sites and the Coastguard at the beach.

## Beach Safety Flags



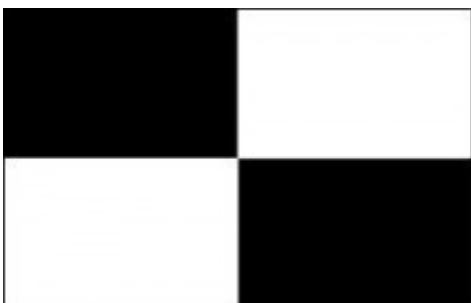
The red flag means no bathing or swimming.

Do not go in the water



Red and yellow flags mean lifeguards are on patrol.

You can swim or boogie board between the two red and yellow flags.



The quartered black and white flag indicates an area zoned for surfers and windsurfers.

The area is not safe for swimming or bathing.

## Water Safety Signs



Signs that warn you of danger are always:

Triangle shaped Yellow background with black symbols

Beware Deep Water



Signs that mean you should do something are always:

Blue and circle shaped White symbols or shapes

Lifejackets must be worn



Signs that mean you should not do something are always:

A red ring shape with a line running through

White background, red line, black symbols or shapes

No Swimming