

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

Week 1	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	BBQ Chicken Flat Bread	Baked Potato Wedges & Sweetcorn	Pork or Vegetarian Sausages & Onion Gravy	Creamed Potatoes Green Beans & Carrots	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrots	Homemade Chicken Curry	Mixed Rice & Naan Bread	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Homemade Macaroni Cheese Bake (v)	Homemade Garlic Bread & Broccoli Florets	Crispy Bubble Coated Salmon Fillet	Crispy Paprika Potatoes Green Beans & Carrots	Homemade Pasta Neapolitan (v)	Homemade Garlic Dough Balls	Puff Pastry Cheese Whirl (v)	Baby Baked Potatoes & Baked Beans	Homemade Margherita Pizza (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cheddar Cheese Panini Melt (v)	Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Desserts	Apple & Banana Flapjack	Fruit Yoghurt Fruit Selection Organic Milk	Marble Sponge & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fruity Jelly & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Jam Slice & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk

Week 2	Meat-Free Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Homemade Corned Beef Hash Hot Pot	Seasonal Cabbage & Sliced Beetroot	Roast Chicken Stuffing & Gravy	Baby Baked Potatoes Broccoli Florets & Carrots	Beef Burger in a Bun with Tomato Ketchup	Herby Diced Potatoes & Baked Beans	Crispy Battered Fillet of Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls	Homemade Vegetable Korma Curry (v)	Mixed Rice & Naan Bread	Vegetarian Sausage Roll (v)	Baby Baked Potatoes & Baked Beans	Homemade Lancashire Cheese Frittata (v)	Homemade Crusty Bread & Garden Peas	Homemade Margherita Pizza (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cheddar Cheese & Tuna Panini Melt	Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Desserts	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Apple Crunch Tart & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Mousse & Mandarins	Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk

Week 3	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Pork Meatballs Tomato Sauce & Pasta	Homemade Garlic Bread & Broccoli Florets	Jumbo Fish Finger Wrap	Crispy Paprika Potatoes & Garden Peas	Roast Pork Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Carrots	Homemade Cottage Pie	Broccoli Florets & Carrots	Lightly Crumbed Fish Bites	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Homemade Cheese Pie (v)	Sliced Beetroot & Broccoli Florets	Homemade Baked Bean Chilli Enchilada (v)	Crispy Paprika Potatoes & Mixed Salad	Quorn Tikka Masala Curry (v)	Mixed Rice & Naan Bread	Homemade Pasta Arrabiata (v)	Homemade Garlic Dough Balls	Homemade Margherita Pizza (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Cheddar Cheese Panini Melt (v)	Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Desserts	Creamy Rice Pudding & Mixed Berries	Fruit Yoghurt Fruit Selection Organic Milk	Syrup Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Oat & Raisin Cookie	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Brownie & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk

Weekly Menu Cycle	Oct/Nov					Nov/Dec					Dec/Jan					Feb/Mar					Mar/Apr					April/May					May/June					June/July									
	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri					
Week 1	21	22	23	24	25	25	26	27	28	29	30	31	1	2	3	3	4	5	6	7	9	10	11	12	13	13	14	15	16	17	18	19	20	21	22	22	23	24	25	26					
Week 2	28	29	30	1	2	2	3	4	5	6	6	7	8	9	10	10	11	12	13	14	16	17	18	19	20	20	21	22	23	24	25	26	27	28	29	29	30	1	2	3					
Week 3	4	5	6	7	8	9	10	11	12	13	13	14	15	16	17	17	18	19	20	21	23	24	25	26	27	27	28	29	30	1	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10
	11	12	13	14	15	16	17	18	19	20	20	21	22	23	24	24	25	26	27	28	30	31	1	2	3	4	5	6	7	8	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17
	18	19	20	21	22	23	24	25	26	27	27	28	29	30	31	2	3	4	5	6	6	7	8	9	10	11	12	13	14	15	15	16	17	18	19	20	21	22	23	24					

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.