

19 September 2023

Dear Parents/Carers,

We are updating our 'Relationships and Sex Education' policy (RSE) to bring it in line with our new SCARF PSHE scheme and would like to invite you to a parental consultation to talk about what RSE looks like at Springfield.

Teaching Relationships and Health Education is a statutory requirement that all schools must follow. The lessons help children to learn about their bodies including the changes that take place at puberty, and will help keep them safe, so they can form healthy relationships (friendships) with others, now and in the future.

At Springfield, we will be using the leading children's health and wellbeing charity, Coram Life Education (CLE) to support us in meeting these legal requirements. We do this in a two ways:

- A visit from a trained educator who will deliver aspects of the Relationships Education and Health Education programme.
- Using Coram Life Education's online SCARF teaching resources.

More information about Coram Life Education and SCARF can be found on their website:  
[www.coramlifeeducation.org.uk](http://www.coramlifeeducation.org.uk)

You will have the opportunity to give us valuable feedback regarding the programme.

We recognise that parents and carers play a vital part in their child's RSE and we encourage you to discuss these themes with your child at home as well. If further advice or support is required, or if you have any questions about the programme or would like to view the resources, please don't hesitate to speak to your child's class teacher or myself.

The parental consultation will take place at 2.45pm on Thursday 28<sup>th</sup> September 2023.

Whether you are able to attend the parental consultation or not, we are asking all our parents/carers to complete the attached short survey and return to your child's class teacher. As always, we thank you for your support.

Yours sincerely,

*Mrs C Lambert-Martin*

Mrs C Lambert-Martin

Year 4 class teacher, RE/PSHE/RSE lead

Please complete the following and return asap, thank you.

1. Did you know there is a school policy on relationships and sex education (RSE)?

Yes  No

2. Has your child ever talked to you about something they learnt at school to do with growing up, sex and relationships?

Yes  No

3. Has your child ever asked you questions about growing up, sex and relationships?

Yes  No

4. Would you like more information about what the school teaches on sex and relationships?

Yes  No

5. Do you want more support to help you talk to your child about sex and relationships issues at home?

Yes  No

If yes, what support kind of support would you find most useful?

*[please use the space below for your reply]*