

# Menu

**Serving Fantastic Lunches Everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

1

Week Commencing

28th April

19th May

9th June

30th June

21st July

1st September

22nd September

13th October

3rd November

## Week 2

2

Week Commencing

5th May

26th May

16th June

7th July

28th July

8th September

29th September

20th October

## Week 3

3

Week Commencing

21st April

12th May

2nd June

23rd June

14th July

15th September

6th October

27th October

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Oriental Style Chicken & Sweetcorn Meatballs with Mixed Rice or Noodles	Puff Pastry Cheese Whirl with Herby Potatoes Garden Peas or Baked Beans (v)	Roast Gammon or Vegetarian Meatballs with Roast Potatoes, Seasonal Vegetables & Gravy	Booths Beef or Vegetable Burger with Tortilla Chips Vegetable Sticks & Dips	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetable Tikka Curry with Mixed Rice & Naan Bread (v)	Summer Picnic Lunch Buffet Sausage Roll Assorted Sandwiches Tortilla Chips Vegetable Sticks & Dips	Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
<b>Jackets &amp; Sandwiches</b>	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Sticky Toffee Cupcake Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Ice Cream & Dessert Sauce Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Chocolate Cookie Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk
	MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Vegetarian Sausage Roll with Herby Potatoes Mixed Vegetable Medley or Baked Beans (v)	Southern Style Chicken Goujons & Dips with Mild Chilli Wedges Garden Peas & Sweetcorn	Booths Pork or Vegetarian Sausages & Yorkshire Pudding with Mashed Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Harry Ramsden's Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips & Mushy Peas
<b>Alternative Choice</b>	Loaded Vegetable & Baked Bean Taco with Rainbow Vegetable Rice (v)	Mac 'n' Cheese with Homemade Crusty Bread & Mixed Salad (v)	Spaghetti Arrabbiata with Homemade Dough Balls & Salad Selection (v)	Homemade Cheese Flan with Baby Potatoes Baked Beans or Mixed Salad (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Marble Traybake & Chocolate Sauce Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Lancashire Cheese & Crackers Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Raspberry Bun Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Biscuit & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk
	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Booths Pork or Vegetarian Sausage Hot Dog & Tomato Ketchup with Potato Wedges Garden Peas & Sweetcorn	Golden Crumb Salmon or Vegetable Fingers with Paprika Potatoes Mixed Vegetable Medley or Baked Beans	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Spaghetti Bolognese with Homemade Dough Balls & Salad Selection	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Loaded Pizza Panini with Tortilla Chips Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Ploughman's Picnic Lunch with Homemade Crusty Bread & Mixed Salad	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert Choices</b>	Oaty Biscuit & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Cooks Choice of Mousse Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Chocolate Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Summer Treat Dessert Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.