



Welcome to the first inclusion newsletter from Springfield! Created by our inclusion team - Mr Coates, Mr Douglas and Mrs Staples - this newsletter will share information on all areas of inclusion like, safeguarding, SEND, behaviour, online safety, mental health and wellbeing and much more!



Scan to check out
our web page!



Mental health and Wellbeing

At Springfield, we have a Relationship Policy which is an inclusive, trauma informed approach to supporting children's regulation in school to ensure they are able to access learning. We have used tgmc-uk as a supportive platform to ensure that our approaches are research backed and to ensure we are supporting children's social, emotional and mental health. For the last 12 months, we have used the Digital Backpack to build children's regulation skills and add in sensory breaks throughout the day that our children need! You can access this at home and we would recommend that you sign up and share the backpack videos. We would suggest:



Scan to sign up!



A connect or celebrate backpack when they come home from school



A calm backpack before bedtime



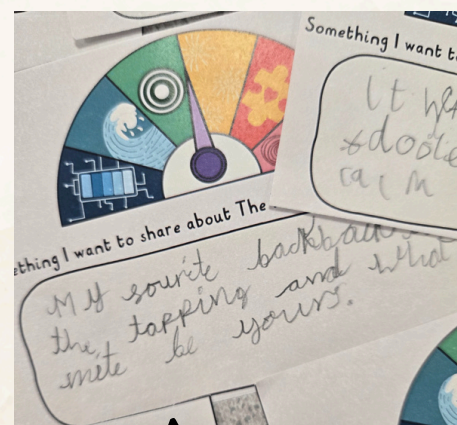
An energise first thing to wake them up



A focus backpack before you set off to school



If your little one is struggling and experiencing big feelings - it might look like a tantrum - try the help backpack to support regulation!



The children have really positive feedback about the backpack!

All of our children are completing the Brain School Programme this half term. This is where they learn neuroscience and why people might behave in different ways. They have learnt about their Shark - keeps them safe from danger. Their Seahorse - keeps their memories and their Octopus - helps them to problem solve!



Top tip - it takes 90 seconds to go from a reaction (shark) to a response (octopus) When something happens, instead of counting to 10, try counting to 90!



Online safety

FEBRUARY 2026
ISSUE #1



At school, online safety is a vital part of our safeguarding commitment. Each week, we share the Wake Up Wednesday topic with our pupils to help them build the knowledge and confidence they need to stay safe online. Recently, we have become increasingly concerned about Roblox, a gaming platform that remains extremely popular with many children. Roblox is currently the focus of ongoing investigations due to reports of harmful or inappropriate content that some young users may be exposed to. While these investigations continue, we strongly discourage children from accessing Roblox. Our priority is to ensure that all pupils are kept safe and supported in making positive digital choices. However, we recognise that some children may still be using the platform at home. If your child is continuing to play Roblox, we encourage you to take a moment to review vital safety information designed to help you manage their online experience. Scan the QR code for support.



Safeguarding

Safeguarding covers every element of school. From recruitment of staff, to children, gates being closed, registers and so much more. Safeguarding is integral to school running well daily. At Springfield, we have a dedicated safeguarding team. This team includes: Mr Coates (Lead DSL), Mrs Staples, Mr Douglas, Mrs Lambert (Deputy DSLs) and Mrs Nasim (Headteacher and DSL). However, every member of staff has a duty of care towards the children, staff and parents who use the school. At Springfield, to support our families we offer 'Springfield Early Help' this is what you can expect from us as a school and Pastoral team in supporting you and your family. To access 'Springfield Early Help' please contact Mr Coates or search it under our school website.

SAFEGUARDING SPOTLIGHT!

What has been shared with children this half term?

Road safety in icy and dark conditions

Crossing the Road (The Green Cross Code)

- Stop** at the edge of the pavement, not on the road.
- Look** left, then right, then left again for cars.
- Listen** carefully for any traffic sounds.
- Think** if it's safe to cross.
- Wait** for all traffic to pass before crossing.
- Cross** quickly and directly, still looking and listening as you go.



While Walking

- Always use pavements and walk away from the curb.
- Hold an adult's hand near busy roads.
- Stay alert and avoid distractions like toys or phones.
- Walk on the right (facing traffic) if there's no pavement, walking in single file.



Being Seen

- Wear bright colours during the day.
- Wear reflective clothes or accessories when it's dark or misty to help drivers see you.



Did you know?

We have held Wellbeing Award for Schools for the past 6 years!

This year it is up for renewal again - we will keep you posted with updates!

